



NORTH BONDII NIPPERS

POOL SWIM PROFICIENCY CERTIFICATE 2018/2019 NIPPER SEASON (required annually)

A Participation Skill Evaluation is required by all applicants (**U8 –U14**) wishing to register as a Nipper. This is a compulsory requirement to participate in **any** activity throughout the season.

Your registration can only be accepted once this evaluation is passed. **Please note that the swim must be in freestyle, and must be continuous and unassisted.**

Age Group	Birth Date	Distance	Time	Survival Float
Under 8	1/10/2010 to 30/09/2011 (7 by 30/09/18)	50 m	2.5 min	1.0 min
Under 9	1/10/2009 to 30/09/2010 (8 by 30/09/18)	100 m	4.0 min	1.0 min
Under 10	1/10/2008 to 30/09/2009 (9 by 30/09/18)	150 m	5.0 min	1.5 min
Under 11	1/10/2007 to 30/09/2008 (10 by 30/09/18)	200 m	6.0 min	2.0 min
Under 12	1/10/2006 to 30/09/2007 (11 by 30/09/18)	200 m	5.0 min	2.0 min
Under 13	1/10/2005 to 30/09/2006 (12 by 30/09/18)	200 m	4.5 min	3.0 min
Under 14	1/10/2004 to 30/09/2005 (13 by 30/09/18)	200 m	4.5 min	3.0 min

Nippers have 2 options to complete their pool proficiency. Either:

Attend **Tivoli Swim School** (Kambala School, enter via Tivoli Avenue, Rose Bay) on **Saturday 1 September** between **10.15 am and 12.15 pm ONLY** (no exceptions).

OR

this form can be completed by your child’s swim coach.

This form must be returned to the surf club via email at memberservices@northbondisurfclub.com **PRIOR TO COMPLETING YOUR ONLINE REGISTRATION.**

All U9-U14 nippers will also be required to complete an ocean swim which will be coordinated by the Age Manager at the start of the nippers season.

SWIMMING CERTIFICATE

This Certificate is for _____ aged _____ years.
(please print clearly)

I have assessed the above-named and confirm that he/she is able to swim freestyle continuous and unassisted for _____ metres and float for the required _____ minutes.

Assessor’s Name: *(please print)* _____

Assessor’s Signature: _____

Swim coach/club: _____

SLSA accreditation: _____