

RESCUE OF THE MONTH NOMINATION

CLUB/SERVICE	North Bondi		
DATE OF INCIDENT	22/01/2020	TIME OF INCIDENT	5pm
NAMES OF LIFESAVERS(S)/LIFEGUARDS(S)	Fred Carmody, Robert Carmody, Matt Hamilton		
LOCATION OF INCIDENT	North Bondi, 50m south of flags		
SURGUARD INCIDENT NUMBER (IRD)	N/A		

OVERVIEW OF THE INCIDENT (LIMIT 1 PAGE)

At the conclusion of Nipper board training on Wednesday afternoon, a swimmer was washed off the sand bar between the flags and was washed approx 50m south of the flags approx 100m off shore. He was struggling to stay above water and was clearly panicking. There were 3-4 foot plunging waves and messy surf making it difficult to see the patient and it was a very tricky area to be swimming in.

North Bondi Nippers and water safety were in the final stages of board training when the lead water safety participant, Matt Hamilton, noticed the swimmer in trouble and yelled out to the nearest water safety officer, Rob Carmody. As Rob paddled towards the patient, one of the nippers, Rob's 12 year old son Fred Carmody, grabbed the patient who was showing the early signs of drowning and helped him to cling onto his nipper board.

Rob paddled over to his son Fred and when he arrived at the nipper board, transferred the patient onto his rescue board. In the tricky conditions Rob expertly surfed the patient back to the shore. The patient was greeted on the beach by Matt Hamilton and checked for signs of distress or excess water inhalation. The patient was extremely grateful to the father and son rescue team that undoubtedly saved his life.

Waverly Lifeguards Juliana Bahr-Thomson was on duty at this time and had observed the rescue. Post event she observed and commented that the patient had started drowning and without the quick action of North Bondi members the action would have been extremely different

PLEASE COMPLETE THE FOLLOWING SECTIONS IN BRIEF BULLET POINT FORMAT	
<p>SKILL AND RESOURCES APPLICATION 40%</p>	<p><i>Were the skills used correctly and appropriately as per SOP's? Did the rescue / incident require advanced technical skills? Was the equipment chosen best for the conditions and skill level of the personnel? Was there optimal use of skills within the available personnel?</i></p>
<p>This rescue was a textbook example of how to use a rescue board in tricky conditions. SOP's were solid, firstly to Matt Hamilton - Lead Water Safety for seeing the swimmer in distress and alerting the nearest resources, secondly to Fred Carmody for having the presence of mind to grab the distressed swimmer and use his nipper board to provide flotation and finally to Rob Carmody for getting the patient onto the board and back to shore in one seamless motion. The patient was met on the shore by two more water safety and debriefed.</p>	
<p>PROCEDURES FOLLOWED 30%</p>	<p><i>Were standard operating procedures followed? Was the safety of the rescuers involved appropriately assessed? Was there appropriate leadership, chain of command, good scene management, paperwork completed, follow-ups etc.? Was the equipment utilised appropriately?</i></p>
<p>The water safety team worked well together as a team to ensure the safety of the nippers, the patient and the water safety themselves with effective communication.</p>	
<p>ENVIRONMENTAL CONDITIONS 15%</p>	<p><i>Was the incident around rocks, cliffs, or other precarious situations? What was the size of the surf, temperature, time, visibility, weather, and other environmental conditions at land or sea?</i></p>
<p>The surf was 3-4 foot and messy. There were plunging waves that made the area tricky for inexperienced swimmers. Temperature was 25 degrees, visibility was good and weather was fine but wind and strong surf conditions made spotting swimmers out the back difficult.</p>	
<p>POTENTIAL OUTCOME 10%</p>	<p><i>Would the outcome have been the same if the rescuers hadn't intervened?</i></p>
<p>There is no question that this patient was at the end of his ability to stay above water. The Waverly lifeguards had spotted him and were entering the water when Fred pulled him onto his board. The patient's survival would have been touch and go as the Lifeguard had commented that the patient was drowning.</p>	
<p>MEDIA CAPTURE/ COMMUNICATION 5%</p>	<p><i>Were opportunities maximised in terms of media exposure? If yes, please attach article or give a brief overview of media exposure</i></p>
<p>None.</p>	



PLEASE COMPLETE THE FOLLOWING SECTIONS IN BRIEF BULLET POINT FORMAT		
Completed the nomination form correctly?	<input checked="" type="checkbox"/>	
Checked that all nominees are proficient and members on SurfGuard?	<input checked="" type="checkbox"/>	
Attached Incident Log or reference incident number from SurfGuard?	<input checked="" type="checkbox"/>	
Attached any/all related media clippings?	<input checked="" type="checkbox"/>	
Forwarded to your Branch/State by the due date?	<input checked="" type="checkbox"/>	

CLUB ENDORSEMENT	
NAME OF CLUB: NORTH BONDI	
NAME OF CLUB REPRESENTATIVE: MR/MRS/MISS/OTHER ELOISE STARR	
CLUB REP. POSITION/TITLE: HEAD OF LIFESAVING	
CLUB REP. PHONE NO: 0415519663	CLUB REP: EMAIL lifesaving@northbondisurfclub.com
CLUB REP. SIGNATURE: 	DATE: 31st Jan 2020

BRANCH	
NAME OF BRANCH:	
NAME OF BRANCH REPRESENTATIVE: MR/MRS/MISS/OTHER	
BRANCH REP. POSITION/TITLE:	
BRANCH REP. PHONE NO:	BRANCH REP: EMAIL
BRANCH REP. SIGNATURE:	DATE:

STATE/TERRITORY	
STATE/TERRITORY:	
NAME OF STATE REPRESENTATIVE: MR/MRS/MISS/OTHER	
STATE REP. CONTACT NO:	STATE REP: EMAIL
STATE REP. SIGNATURE:	DATE:

Once endorsed, please send all nomination forms to: lifesaving@surflifesaving.com.au